

Spiritual Survival For Law Enforcement

Hosted by the Assumption Cultural Center

Course Location:

Assumption Cultural Center

21800 Marter Road

St. Clair Shores, MI 48080

(586) 779-6111 ext. 4

Date: Monday, March 10, 2014

Time: 0800-1600 hours

Fee: \$90.00 (includes continental breakfast and lunch)

Registration:

Make checks payable to
"Assumption Cultural Center"
and mail to the address above

Schedule:

730-800 hours: Breakfast

800-1130 hours:
Session #1: Powerful insights

1130-1230 hours: Lunch

1230-1600 hours:
Session #2: Practical tools

The career of policing is an intensely spiritual vocation and avocation, and the men and women who enter law enforcement are intensely, intrinsically spiritual. *"NOURISHING THE SPIRIT OF EVERYDAY HEROES"* This seminar is designed to provide spiritual fortification for officers who are faced with a barrage of experiences in the course of their careers which challenge their most deeply held personal beliefs. This course is packed with exercises, tools, and insights, offering a practical guide to restoring inner peace and clarity. A "must attend" for all new and seasoned law enforcement officers!

Police Officers confront situations that challenge some of their most deeply cherished notions and beliefs. Without an effective way to replenish that supply of spirituality, it is possible to end up in "spiritual overdraft", or if the situation is never addressed or corrected, in "spiritual bankruptcy" that's when officers hurt themselves, the people around them, and the honor of the profession.

"Spiritual Survival for Law Enforcement is the missing piece of the puzzle of the Behavioral Sciences Triad. There is a lot written about the mental health professionals and the peer counselors, but virtually nothing, until your book about the spiritual aspect of the Triad. I recommend the book when I speak to law enforcement audiences." Kevin Gilmartin, Ph. D. Author, *Emotional Survival for Law Enforcement*.

** The Spiritual Dimension of Law Enforcement*

** Recognizing Common and Deadly Symptoms of Spiritual Burnout*

** Spiritual First-Aid Powerful Practical Tools for Fortifying LEO's*

** Maintaining Law Enforcement Health, Spiritual, Emotional, and Physical*

** Spiritual Health for the LEO Family*

Seminar Speaker : Cary Friedman

Chaplin Cary A. Friedman is a consultant and trainer on matters of stress-management for law enforcement officers and their families. A prison, hospital, and police chaplain, he has consulted to the FBI's Behavioral Science Unit (BSU) in Quantico, VA since May 2000, and contributed to the design of the "Spiritual Survival for Law Enforcement" course for the FBI's National Academy. Friedman received an MSEE from Columbia University and Rabbinic ordination from Yeshiva University.

Friedman is the author of *Spiritual Survival for Law Enforcement* (Compass Books, 2005) and various articles, including "Spiritual Well-Being for Police Officers: Tips for Renewal" (The Gazette, the Journal of the Royal Canadian Mounted Police (RCMP)).

Friedman has consulted to and spoken at numerous law enforcement agencies and conferences, including the Federal Bureau of Investigation Training Network (FBITN), International Conference of Police Chaplains (ICPC), State of NJ's Cop2Cop, Connecticut Department of Public Safety (CT DPS) and Texas Department of Public Safety (TX DPS), and has appeared on The History Channel.

